



Our Lady of the Rosary

FAMILY CATECHISM

LESSON 7: ON THE INCARNATION AND REDEMPTION



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Lesson 7: On the Incarnation and Redemption

O Jesus, [I choose to live this day] for love of Thee, for the conversion of sinners
and in reparation for the sins committed against the Immaculate Heart of Mary. Amen.

Activity 1: Verbal repetition

Repeat orally the questions and answers from the Baltimore Catechism.

60. Q. **Did God abandon man after he fell into sin?** A. God did not abandon man after he fell into sin, but promised him a Redeemer, who was to satisfy for man's sin and reopen to him the gates of Heaven.

61. Q. **Who is the Redeemer?** A. Our Blessed Lord and Saviour Jesus Christ is the Redeemer of mankind.

62. Q. **What do you believe of Jesus Christ?** A. I believe that Jesus Christ is the Son of God, the second Person of the Blessed Trinity, true God and true man.

63. Q. **Why is Jesus Christ true God?** A. Jesus Christ is true God because He is the true and only Son of God the Father.

64. Q. **Why is Jesus Christ true man?** A. Jesus Christ is true man because He is the Son of the Blessed Virgin Mary, and has a body and soul like ours.

65. Q. **How many natures are there in Jesus Christ?** A. In Jesus Christ there are two natures: the nature of God and the nature of man.

66. Q. **Is Jesus Christ more than one person?** A. No, Jesus Christ is but one Divine Person.

67. Q. **Was Jesus Christ always God?** A. Jesus Christ was always God, as He is the second Person of the Blessed Trinity, equal to His Father from all eternity.

68. Q. **Was Jesus Christ always man?** A. Jesus Christ was not always man, but became man at the time of His Incarnation.

69. Q. **What do you mean by the Incarnation?** A. By the Incarnation I mean that the Son of God was made man.

70. Q. **How was the Son of God made man?** A. The Son of God was conceived and made man by the power of the Holy Ghost, in the womb of the Blessed Virgin Mary.

71. Q. **Is the Blessed Virgin Mary truly the Mother of God?** A. The Blessed Virgin Mary is truly the Mother of God, because the same Divine Person who is the Son of God is also the Son of the Blessed Virgin Mary.

72. Q. **Did the Son of God become man immediately after the sin of our first parents?** A. The Son of God did not become man immediately after the sin of our first parents, but was promised to them as a Redeemer.

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73. Q. How could they be saved who lived before the Son of God became man? A. They who lived before the Son of God became man could be saved by believing in a Redeemer to come, and by keeping the commandments.

74. Q. On what day was the Son of God conceived and made man? A. The Son of God was conceived and made man on Annunciation Day—the day on which the Angel Gabriel announced to the Blessed Virgin Mary that she was to be the Mother of God.

75. Q. On what day was Christ born? A. Christ was born on Christmas Day in a stable at Bethlehem, over two thousand years ago. (This answer has been adapted from the original.)

76. Q. How long did Christ live on earth? A. Christ lived on earth about thirty-three years, and led a most holy life in poverty and suffering.

77. Q. Why did Christ live so long on earth? A. Christ lived so long on earth to show us the way to Heaven by

Activity 2: Word search

Words

1. ANNUNCIATION
2. INCARNATION
3. WOMB
4. REDEMPTION
5. REDEEMER
6. SATISFY
7. TWO NATURES
8. ONE PERSON
9. MAN
10. GOD
11. CHRISTMAS
12. POVERTY
13. SUFFERING

A	I	R	E	D	E	E	M	E	R	O	C
O	N	S	A	T	I	S	F	Y	D	S	H
P	C	N	H	W	H	H	G	J	R	U	R
O	A	V	U	O	F	L	Z	O	E	F	I
V	R	C	H	N	F	S	J	Z	D	F	S
E	N	V	Y	A	C	G	D	B	E	E	T
R	A	D	K	T	B	I	B	J	M	R	M
T	T	V	U	U	N	M	A	N	P	I	A
Y	I	Z	V	R	J	P	P	T	T	N	S
W	O	M	B	E	H	X	H	J	I	G	G
H	N	X	V	S	D	G	X	Z	O	O	A
K	O	N	E	P	E	R	S	O	N	H	N

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Activity 3: Artwork

Find a sacred image of each of the five Joyful Mysteries of the Holy Rosary. Stick or copy these sacred images into the corresponding scroll below. Try and make them as beautiful as possible.

The first Joyful Mystery: The Annunciation

The Second Joyful Mystery: The Visitation

The Third Joyful Mystery: The Birth of Our Lord

The Fourth Joyful Mystery: The Presentation

The fifth Joyful Mystery: The Finding of Our Lord
in the Temple

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Activity 4: Prayer

The Church gives us a beautiful prayer so that we can commemorate the Incarnation of Our Lord. This prayer is called the **Angelus**. It is traditionally prayed outside of Paschaltide, at morning (6am), 12 noon, and sunset (6pm).

As a **family**, pray the Angelus together, thanking God for the great gift of the Incarnation to mankind. You may wish to follow the traditional rhythm of praying it three times a day, for example before each mealtime.

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Ghost.

All. Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and in the hour of our death.

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

All. Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and in the hour of our death.

V. And the Word was made Flesh.

R. And dwelt among us.

All. Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and in the hour of our death.

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord.

Amen.

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Activity 5: Meditation and Sacred Music

The Magnificat is the canticle that Our Lady joyfully proclaimed on the occasion of Her visitation to St. Elizabeth. It is traditionally prayed in the Divine Office at Vespers and is often sung.

Prayerfully read the Gospel passage below and then quietly listen to the Magnificat chanted in Latin.

Based on the advice that St. Ignatius of Loyola gave, while listening to the Magnificat, close your eyes and imagine that you are witnessing this great moment between Our Lady and St. Elizabeth. Imagine all of the details around you: the joy of both St. Elizabeth and Our Lady; their postures and actions. What does the scenery look like? Is the wind blowing or the birds singing? This will help you to enter much more deeply into the mystery of what took place.

(CD Recommendation: *Marian Hymns of Ephesus* by the Benedictines of Mary Queen of Apostles. Track 2: Magnificat)

Luke 1:41-53

⁴¹ And it came to pass, that when Elizabeth heard the salutation of Mary, the infant leaped in her womb. And Elizabeth was filled with the Holy Ghost: ⁴² And she cried out with a loud voice, and said: Blessed art thou among women, and blessed is the fruit of thy womb. ⁴³ And whence is this to me, that the mother of my Lord should come to me? ⁴⁴ For behold as soon as the voice of thy salutation sounded in my ears, the infant in my womb leaped for joy. ⁴⁵ And blessed art thou that hast believed, because those things shall be accomplished that were spoken to thee by the Lord.

⁴⁶ And Mary said:

My soul doth magnify the Lord. ⁴⁷ And my spirit hath rejoiced in God my Saviour. ⁴⁸ Because he hath regarded the humility of his handmaid; for behold from henceforth all generations shall call me blessed. ⁴⁹ Because he that is mighty, hath done great things to me; and holy is his name.

⁵⁰ And his mercy is from generation unto generations, to them that fear him. ⁵¹ He hath shewed might in his arm: he hath scattered the proud in the conceit of their heart. ⁵² He hath put down the mighty from their seat, and hath exalted the humble. ⁵³ He hath filled the hungry with good things; and the rich he hath sent empty away. ⁵⁴ He hath received Israel his servant, being mindful of his mercy: ⁵⁵ As he spoke to our fathers, to Abraham and to his seed for ever.

Scripture taken from the Douay-Rheims Bible

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Activity 6: Fill in the gaps to the questions and answers that you have memorised in Activity 1.

Can you do this from memory?

60. Q. Did God abandon man after he fell into sin? A. God did not abandon man after he

fell into sin, but promised him a _____, who was to satisfy for man's

sin and reopen to him the _____ of _____.

61. Q. Who is the Redeemer? A. Our Blessed Lord and Saviour _____

_____ is the Redeemer of mankind.

62. Q. What do you believe of Jesus Christ? A. I believe that Jesus Christ is the

_____ of God, the _____ Person of the Blessed Trinity, true _____ and

true _____.

63. Q. Why is Jesus Christ true God? A. Jesus Christ is true God because He is the true and

_____ Son of God the _____.

64. Q. Why is Jesus Christ true man? A. Jesus Christ is true man because He is the Son of

the Blessed _____, and has a _____ and _____ like

ours.

65. Q. How many natures are there in Jesus Christ? A. In Jesus Christ there are _____

natures: the nature of _____ and the nature of _____.

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and in reparation for the sins committed against the Immaculate Heart of Mary. Amen.

66. Q. Is Jesus Christ more than one person? A. _____, Jesus Christ is but one Divine Person.

67. Q. Was Jesus Christ always God? A. Jesus Christ was _____ God, as He is the second Person of the Blessed _____, _____ to His Father from all eternity.

68. Q. Was Jesus Christ always man? A. Jesus Christ was _____ always man, but became man at the time of His _____.

69. Q. What do you mean by the Incarnation? A. By the Incarnation I mean that the _____ of God was _____ man.

70. Q. How was the Son of God made man? A. The Son of God was conceived and made man by the power of the _____, in the _____ of the Blessed Virgin Mary.

71. Q. Is the Blessed Virgin Mary truly the Mother of God? A. The Blessed Virgin Mary is _____ the Mother of God, because the same _____ Person who is the Son of God is _____ the Son of the Blessed Virgin Mary.

72. Q. Did the Son of God become man immediately after the sin of our first parents?

A. The Son of God did _____ become man immediately after the sin of our first parents, but was _____ to them as a _____.

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73. Q. How could they be saved who lived before the Son of God became man?

A. They who lived before the Son of God became man could be saved by

_____ in a Redeemer to come, and by keeping the _____.

74. Q. On what day was the Son of God conceived and made man? A. The Son of God

was conceived and made man on _____ Day - the day on which the

Angel _____ announced to the Blessed Virgin Mary that she was to be the

_____ of God.

75. Q. On what day was Christ born? A. Christ was born on _____ Day

in a stable at Bethlehem, over _____ thousand years ago.

76. Q. How long did Christ live on earth? A. Christ lived on earth about

_____ years, and led a most holy life in _____ and

_____.

77. Q. Why did Christ live so long on earth? A. Christ lived so long on earth to show us

the _____ to Heaven by His teaching and _____.

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Activity 7: Match the questions and answers

Use an arrow to join up the questions with their corresponding answer.

Once you have done this, cut out the questions and answers and stick them together to make **FLASH CARDS**.

Alternatively, you may wish to use them to play **MEMORY PAIRS**.

60. Q. Did God
abandon man after
he fell into sin?

A. God did not abandon man
after he fell into sin, but
promised him a Redeemer, who
was to satisfy for man's sin and
reopen to him the gates of
Heaven.

61. Q.
Who is the
Redeemer?

A. I believe that Jesus
Christ is the Son of God,
the second Person of the
Blessed Trinity, true God
and true man.

62. Q. What do you
believe of Jesus
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A. Our Blessed Lord
and Saviour Jesus
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63. Q.

Why is Jesus Christ
true God?

A. In Jesus Christ there
are two natures: the
nature of God and the
nature of man.

64. Q.

Why is Jesus Christ
true man?

A. Jesus Christ is true
God because He is the
true and only Son of
God the Father.

65. Q. How many
natures are there
in Jesus Christ?

A. No, Jesus Christ
is but one Divine
Person.

66. Q. Is Jesus
Christ more than
one person?

A. Jesus Christ is true
man because He is the
Son of the Blessed Virgin
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Was Jesus Christ
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always man, but became
man at the time of His
Incarnation.

68. Q.

Was Jesus Christ
always man?

A. The Son of God was
conceived and made man by
the power of the Holy Ghost,
in the womb of the Blessed
Virgin Mary.

69. Q.

What do you mean
by the
Incarnation?

A. By the
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70. Q.

How was the Son of
God made man?

A. Jesus Christ was always
God, as He is the second
Person of the Blessed Trinity,
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71. Q. *Is the Blessed Virgin Mary truly the Mother of God?*

A. The Son of God did not become man immediately after the sin of our first parents, but was promised to them as a Redeemer.

72. Q. *Did the Son of God become man immediately after the sin of our first parents?*

A. The Blessed Virgin Mary is truly the Mother of God, because the same Divine Person who is the Son of God is also the Son of the Blessed Virgin Mary.

73. Q. *How could they be saved who lived before the Son of God became man?*

A. They who lived before the Son of God became man could be saved by believing in a Redeemer to come, and by keeping the commandments.

74. Q. *On what day was the Son of God conceived and made man?*

A. The Son of God was conceived and made man on Annunciation Day - the day on which the Angel Gabriel announced to the Blessed Virgin Mary that she was to be the Mother of God.

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75. Q.

On what day was
Christ born?

A. Christ lived on earth
about thirty-three years,
and led a most holy life in
poverty and suffering.

76. Q.

How long did
Christ live on
earth?

A. Christ lived so long on
earth to show us the way
to Heaven by His
teaching and example.

77. Q. Why did
Christ live so long
on earth?

A. Christ was born on
Christmas Day in a stable
at Bethlehem, over two
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